



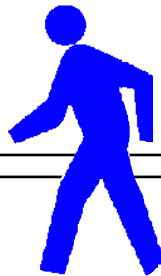
## Safety Tips for Pedestrians

### SIDEWALKS

- If there is a **sidewalk**, use it.
- If there is **no sidewalk**:
  - Walk facing traffic.
  - Walk when it is safe.
  - Walk on the gravel shoulder or grass boulevard.

### CROSSING THE STREET

- **Never jaywalk!**
- **Stop** at the curb or road edge.
- **Look** left, then right, then left again.
- **Cross** when the street is clear, but keep looking and listening.
- **Do not** step onto the roadway until **all** vehicles have stopped moving.
- **Watch** for left and right turning vehicles.
- **Make eye contact** with drivers before crossing the street so you know they see you and they know you see them.



### CROSSING AT SIGNALLED CROSSWALKS

- **Press** crosswalk button at desired crossing.
- **Hold out your arm** and **point** to the other side of the crosswalk to let drivers know your intentions.
- **Make eye contact** with drivers before crossing the street, so you know they see you and they know you see them.
  - **Wait** for traffic to stop.
  - **Check** over your shoulder and make sure no one is turning.
  - **Look** left, then right and then left again.
  - **Be alert** when crossing. Watch and listen. Beware of all traffic movement in all lanes.
  - **Remember** - a crosswalk does not guarantee safety.

### FOR CROSSWALKS WITH WALK/DON'T WALK SIGNALS

- **Start** crossing when the "WALK" signal is shown.
- If the "DON'T WALK" signal starts to flash - keep going.
- **Do not** start to cross when the "DON'T WALK" signal is flashing.

### MORE SAFETY TIPS

- **Buddy up** - Walk with a friend.
- **Be seen** - Wear bright colored clothing or carry reflective articles, especially when walking at night.
- **Be alert** - Do not wear headphones while walking or biking to school.
- **Be cautious** - Pay attention to traffic as drivers may sometimes disobey traffic signals or not stop.
- **Be responsible** - Make sure it is safe to cross. Do not assume that drivers will be responsible for your safety.

Kamloops Safer City is a partnership between the City of Kamloops, ICBC, and the RCMP with an overall goal of improving road safety for all users in our community. For more information about Kamloops Safer City, contact Colleen Lepik, Safer City Coordinator, at (250) 828-3605 or [clepik@kamloops.ca](mailto:clepik@kamloops.ca).



## Safety Tips for Drivers

### AT CROSSWALKS

- Always yield to pedestrians.
- Beware of pedestrians who appear indecisive or inattentive.
- Be alert to vehicles stopped in the lane next to yours. They may be yielding for a pedestrian.
- Beware of pedestrians still attempting to cross the street on a flashing orange pedestrian signal.
- Watch out for pedestrians when backing up your vehicle.
- Always be alert for pedestrians, especially at intersections.

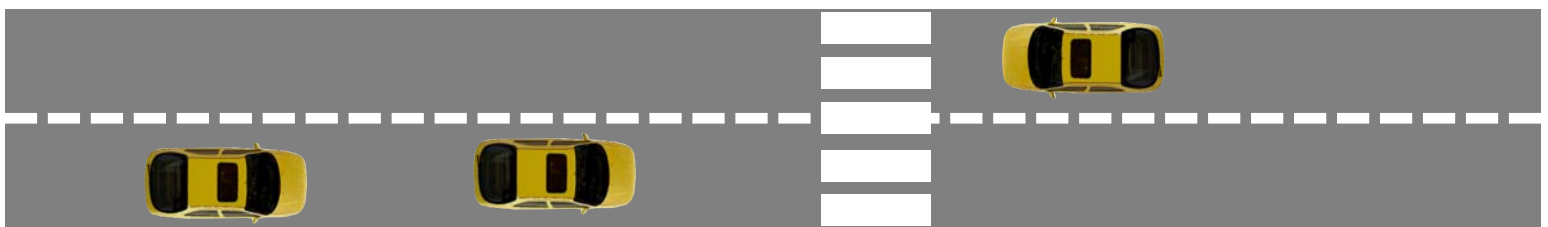
### REMEMBER . . .

- School zones are 30 km/hr and are in effect from 8:00 a.m. to 5:00 p.m., Monday to Friday.
- Playground zones are 30 km/hr and are in effect from dawn until dusk every day.
- Always obey the speed limit. The faster you go, the less time you have to react.
- Reduce your speed in poor road and weather conditions.
- Increase your following distance to three seconds on high speed roads and to four seconds in bad weather conditions or on slippery roads.

### DID YOU KNOW? \*

- Until a child is about 8 years of age, it is difficult for him/her to assess whether a vehicle is moving or not.
- Most pedestrian traffic injuries occur to 5 to 9 year olds at mid-block crossings and to 10 to 14 year olds at intersections.
- It takes a vehicle 13 metres to come to a complete stop when driving 30 km/hr and more than double that distance - 27 metres - when driving 50 km/hr.

(\*Adapted from the Pedestrian Crossing Control Manual for British Columbia.)



Kamloops Safer City is a partnership between the City of Kamloops, ICBC, and the RCMP with an overall goal of improving road safety for all users in our community. For more information about Kamloops Safer City, contact Colleen Lepik, Safer City Coordinator, at (250) 828-3605 or [clepik@kamloops.ca](mailto:clepik@kamloops.ca).